

# July

## 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu Subject to Change						1
	2	3	4	5	6	7
	Donation of \$3.00 over 55 years Donation of \$6.00 under 55 including children	Potato Soup Grilled Ham & Cheese No Salad Bar, Ice Cream	Happy 4 <sup>th</sup> of July Title VI will be closed. Stay Safe	Chicken Fried Steak Mashed Pot/Gravy Green Beans Roll Salad	Cheese Enchilada Refried Beans Spanish Rice, Guacamole, Chips	Ham Slices Mac & Cheese Sweet Pot Roll
	8					
9	10	11	12	13	14	15
Title VI phone number 918-337-6590	Baked Chicken Potato Salad BBQ Beans	Fish Sticks Fried Chips Coleslaw	Meatloaf Mashed Pot/ Gravy Sliced Carrots Roll	Open Faced Turkey Sand Mashed Pot Gravy Mixed Veggies	Tuna Salad Sandwich Chips Banana	
16	17	18	19	20	21	22
Title VI Director Trudy Kerby 918-440-9335	Steak Fingers/gravy Scalloped Potato Peas Roll Salad	Great Northern Corn Bread, Spinach Fried Potato	Chicken Strips Mashed Pot/Gravy California Blend	Goulash Corn, Garlic Bread	Cold Plate Ham, Chicken & Pimento Spread	
23	24	25	26	27	28	29
Title VI Assistant Director 918-2135543	Chicken Stir Fry Over Rice Egg Roll Salad	Taco Tuesday Spanish Rice, Refried Beans, Chips	Roast Beef Sliced Pot., Sliced Carrot Gravy Roll Salad	Baked Potato Bar Salad & Soup	Catfish Fries, Hush Puppies Coleslaw	
30	31					
	Cheeseburgers French Fries Lettuce, tomato, pickles					