

DELAWARE TRIBE ELDER NUTRITION

August, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	SALAD BAR Spaghetti w meat sauce Corn Salad Bread Stick Cookie	Baked Potato Bar Broccoli Cheese soup Fruit Mix	Sloppy Joes Baked Chips Corn Salad Cookie	SALAD BAR Baked Ham Candied Sweet Potatoes Peas Roll	Chicken Wraps Baked Chips Cookie	
7	8	9	10	11	12	13
	SALAD BAR Chicken Alfredo Green Beans Bread Stick Dump Cake	Pulled Pork Cole Slaw Potato Salad Roll Cookie	Chicken Fried Steak Mashed Potatoes Gravy Veggie Blend Biscuit Pudding	Chef Salads Cookie	SALAD BAR Meatloaf Green Beans Mashed potatoes/gravy Roll Dump Cake	
14	15	16	17	18	19	20
	SALAD BAR Chicken Tenders Mashed Potatoes Gravy Peas Cookie	SALAD Cowboy Stew Corn Bread Lemon Cake	BIRTHDAYS Hamburgers Fries Cake & Ice Cream	SALAD BAR Baked Ziti Steamed Broccoli Garlic Bread Cookie	Indian Tacos Brownie	
21	22	23	24	25	26	27
	Steak Fingers Mashed Potatoes Gravy Spinach Cookie	Pork Chop Scalloped Potatoes Veggie Blend Roll Apple Sauce	SALAD BAR Garlic Roasted Chicken Quarters Carrots Roll Fruit	SALAD BAR Creole Casserole Green Beans Garlic Roll Frozen Dessert	Catfish Tater Tots Slaw Lemon Bar	
28	29	30	31			
	Ham & Beans Spinach Cornbread Dump Cake	Biscuit Sausage Gravy Egg Casserole Mini Cinnamon Roll	SALAD BAR Mexican Casserole Spanish Rice Chips Cake			