

DELAWARE TRIBE ELDER NUTRITION
February, 2020

						Saturday
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2	3	4	5	6	7	8
	SALAD BAR Chicken Tenders Mashed Potatoes Gravy Roll Pudding	Topping Bar Chili Dogs Fritos Cherry Crisp	Beans & Cornbread Spinach Fried Potatoes Cookies	Salad Bar Chicken Fried Steaks Mashed Potatoes Green Beans Pound Cake	Indian Tacos Brownies	
9	10	11	12	13	14	15
	Loaded Potato Soup 1/2 Sandwich Cake	Salad Bar Spaghetti w meat sauce Green Beans Garlic Stick Cookie	Salad Bar Chicken Enchiladas Refried Beans Chips Peach Dump Cake	Mixed Fruit Egg Casserole Biscuits & Gravy Mini Cinnamon Roll	VALENTINES CHEFS CHOICE	
16	17	18	19	20	21	22
	White Chicken Chili Toppings Fritos Pudding	Grilled Cheese Tomato Soup Cookie	BIRTHDAYS Hamburger French Fries Cake/Ice Cream	Salad Bar Pulled Pork Baked Beans Corn Salad Cake	Taco Soup Toppings Tortilla Strips Cherry Crisp	
23	24	25	26	27	28	29
	Mexican Casserole Chips/Cheese Ice Cream	Salad Bar Ham Sweet Potatoes Roll Cookie	BBQ Meatballs Scalloped Corn Zucchini & Tomatoes Apple Crisp	Chili Cornbread Pound Cake	Taco Salad Venison or Chicken Pudding	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice