

DELAWARE TRIBE ELDER NUTRITION

August, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				SALAD BAR	Topping Bar	
				Sloppy Joes Chips	INDIAN TACO	
				Ice Cream Sandwich	BROWNIE	
4	5	6	7	8	9	10
	SALAD BAR Chicken Tenders Mashed Potatoe/Gravy Peas Tapioca	SALAD BAR Hamburger Gravy over Noodles Fried Okra Slice of Bread Cookie	Topping Bar Walking Taco Beef or Chicken Choclote Punch Pudding Cake	Ham & Navy Beans Cornbread Fried Potatoes Cherry Crisp	SALAD BAR Egg Rolls Fried Rice Fortune Cookie	
11	12	13	14	15	16	17
	Relish Tray Ham Salad Sandwich on Croisant Chips Cookie	SALAD BAR Tatertot Casserole Cucmber/Tomato Salad Biscuit Ice Cream Cup	SALAD BAR Pork Tenderloin with Gravy Green Beans Roll Watergate Salad	Fruit Salad Sausage Biscuit & Gravy Egg Casserole Apple Sauce	SALAD BAR Lasagna Carrots Bread Stick Ice Pox Pie	
18	19	20	21	22	23	24
	BLT French Fries Fruit Salad Cookie	SALAD BAR Baked Potato Bar Soup Dump Cake	BIRTHDAYS Burgers and fixins Wedges Cake & Ice Crean	SALAD BAR Mexican Casserole Spanish Rice Sopapilla Bar	SALAD BAR Cabbage Rolls Antiqua Veggies Roll Jello w fruit	
25	26	27	28	29	30	31
	Deli Sandwich on Hoagie Roll Potato Salad Chips Cobbler	Fixin Bar Chili Dogs Fritos Strawberry Cake	SALAD BAR Chicken Fried Steak Mashed Potatoes Gravy Hominy Biscuit Cherry Fluff	Salad Bar Pork Chops Augrautin Potatoes Zuc/Tomatoes Cookie	Catfish Coleslaw Fries Lemon Pudding	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice