



DELAWARE TRIBE ELDER NUTRITION

April, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	SALAD BAR Chicken Tenders Mashed Potatoes/Gravy Corn Roll Cookie	Chicken Fried Steak Sandwich Chips Pudding	SALAD BAR Spaghetti & Meat Sauce Bread Sticks Cake	SALAD BAR Ham & Navy Beans Cornbread Cookie	Topping Bar Indian Tacos Brownie	
7	8	9	10	11	12	13
	SALAD BAR Philly Steak Sandwich Wedges Peach Crunch	Cottage Cheese Biscuits & Gravy Egg Casserole Fruit	SALAD BAR Baked Chicken Cali Blend Biscuit Cake	Chili Dogs Fritos Cookie	Hot Hamburgers Corn on Cob Biscuit Pudding	
14	15	16	17	18	19	20
	Taco Bar Street Tacos Refried Beans Chips & Dip Brownie	Potato Bar Broccoli Cheese Soup Cookie	HAMBURGERS ALL THE FIXINGS FRENCH FRIES ICE CREAM & CAKE	SALAD BAR Baked Ham Sweet Potatoes Green Beans Roll Cake	CLOSED GOOD FRIDAY	
21	22	23	24	25	26	27
	SALAD BAR Bullets & Bangs Cake	Salad Bar Meat Gravy over Mashed Potatoes Green Beans Cookie	Fish Sandwich Wedges Coleslaw Ice Cream	SALAD BAR Pork Chops Scalloped Potatoes Peas Roll Pudding	SALAD BAR Lasagna Green Beans Garlic Roll Cake	
28	29	30				
	SALAD BAR Polish Dogs Sauerkraut Au gratin Potatoes Biscuit Fruit	Grilled Chicken Wraps Chips Applesauce				

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice