## DELAWARE TRIBE ELDER NUTRITION February, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
/					1	2
1			26	91	SALAD BAR	
75					INDIAN TACO	
					BROWNIE	
3	4	5	6	7	8	9
	SALAD BAR Chicken Tenders Mashed Potatoes	Baked Potato Bat Brocolli Cheese Soup	SALAD BAR Smothered Chicken over Rice	Ham & Beans Fried Potatoes	Frito Chili Pie all the toppings	
	Gravy, Corn Biscuit Cookie	Cherry Crisp	Green Beans Roll Dump Cake	Cornbread	Chocolate Pie Bar	
10	11	12	13	14	15	16
	SALAD BAR  Lasagna Green Beans  Bread Stick	SALAD BAR  Egg Roll  Fried Rice  Mixed Veg	SALAD BAR  Pigs in a Blanket  Krinkle Fries  Hominy	SALAD BAR Beef Redskin Rosemary Potatoes Green Beans Rolls	Chicken Fried Steak Sandwich Chips	10
	Cinnamon Roll	Cookie	Pudding	Cheese Cake	Ice Cream Sandwich	
17	18	19	20	21	22	23
	SALAD BAR Polish Sausage & Sauerkraut AuGratin Potatoes Fruit	Chicken & Noodles Mashed Potatoes Gravy Peas	BIRTHDAYS HAMBURGERS ALL THE FIXINGS FRENCH FRIES	Taco Bar Walking Tacos	SALAD BAR  Pork Chops AuGratin Potatoes Peas	
		Cake	ICE CREAM & CAKE	Cookie	Applesauce	
24	25	26	27	28		
	SALAD BAR Indian Kheema Carrots Biscuit	SALAD BAR Bullets & Bangs	Nacho Casserole with Toppings	Grilled Chicken Wraps Chips		
	Jello w/Fruit	Cookie	Cake	Cookie		