

DELAWARE TRIBE ELDER NUTRITION
November, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				SALAD BAR Chicken Fried Steak Sandwiches Chips Chocolate Pudding	Baked Potatoes Broccoli Cheese Soup Cookie	
4	5	6	7	8	9	10
	Frito Chili Pies All the toppings Ice Cream Bars	SALAD BAR Ham & Beans Cornbread Wedges Red Velvet Cake	SALAD BAR Polish Sausage Sauerkraut Scalloped Potatoes	Grilled Chicken Wrap Potato Soup Cookie	Indian Taco Taco Bar Brownie	
11	12	13	14	15	16	17
	CLOSED VETERANS DAY	SALAD BAR Chicken & Noodles Green Beans Roll Dump Cake	SALAD BAR BBQ Beef Wedges Hominy Slice of Bread Ice Cream Bars	SALAD BAR Lasagna Peas Bread Stick Cobbler & Ice Cream	SALAD BAR Hot Hamburger Krinkle Fries Corn on Cob Pudding	
18	19	20	21	22	23	24
	SALAD BAR Pork Chops Au Gratin Potatoes Peas & Carrots Biscuit Pop Cake	Cottage Cheese/Fruit Sliced Ham Sweet Potatoes Spinach Rolls Pumpkin Pie	BIRTHDAYS Hamburger Wedges All the fixins Cake & Ice Cream	CLOSED THANKSGIVING	CLOSED THANKSGIVING	
25	26	27	28	29	30	
	SALAD BAR Mexican Casserole Refried Beans Chips Ice Cream Cups	SALAD BAR Spaghetti w/ meat sauce Peas Bread Sticks Dump Cake	Chef's Choice Cake	SALAD BAR Chicken Casserole Peas Biscuit Cookie	Catfish Wedges Cole-slaw Hush Puppies Pudding	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice