

DELAWARE TRIBE ELDER NUTRITION
September, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6	7	8
	CENTER CLOSED LABOR DAY	SALAD BAR Polish Dogs Sauerkraut Wedges Cookie	SALAD BAR Shepherds Pie Sage Roll Ice Cream Bars	SALAD BAR Chicken Fried Steak Mashed Potatoes Gravy Green Beans Roll Pudding	Taco Bar Fixins Indian Tacos Brownie Ice Cream	
9	10	11	12	13	14	15
	Cottage Cheese Egg Casserole Waffles Bacon Fresh Fruit Salad	SALAD BAR Pork Roast Potatoes/Carrots Biscuit Peach Crisp	SALAD BAR White Chili Cornbread Cookie Bar	Sliced Ham Sweet Potatoes Spinach Biscuit Cobbler & Ice Cream	SALAD BAR Hot Hamburger Krinkle Fries Corn on Cob Pudding	
16	17	18	19	20	21	22
	SALAD BAR Pork Chops Augrautin Potatoes Peas & Carrots Biscuit Pop Cake	Grilled Chicken Breast Scalloped Potatoes Green Beans Roll Apple Sauce	BIRTHDAYS Hamburger Wedges All the fixins Cake & Ice Cream	SALAD BAR Goulash Peas Biscuit Bread Sticks Cookie	Catfish Wedges Cole Slaw Hush Puppies Lemon Cake	
23	24	25	26	27	28	29
	SALAD BAR Mexican Casserole Green Beans Chips Ice Cream Sandwich	SALAD BAR Baked Potato Bar Broccoli Cheese Soup Dump Cake	Chili Dogs Fritos Sundae Bar	SALAD BAR Chicken Casserole Peas Biscuit Cookie	Ham & Beans Cornbread Potatoe Wedges Pudding	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice