

DELAWARE TRIBE ELDER NUTRITION

August, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			SALAD BAR Beef Stew Cornbread	SALAD BAR Smothered Chicken over Rice Antiqua Blend Veggie	SALAD BAR Indian Tacos	
5	6	7	Dump Cake	Cookie Bar	Brownie Bars	
	SALAD BAR Chicken Tenders Mashed Potatoes Gravy Peas Roll Fruit	SALAD BAR Chili Dogs Fritos	SALAD BAR Beans Wedges Cornbread	SALAD BAR Salsbury Steak Mashed Potatoes Green Beans	SALAD BAR Cold Cut Sandwiches Chips	11
12	13	14	Ice Cream Bars	Biscuit Pudding	Cream Cheese Fruit Salad	
	SALAD BAR Turkey & Ham Wraps Chips	SALAD BAR Lasagna Peas Bread Stick	SALAD BAR BIRTHDAY HAMBURGER ALL THE FIXINS Wedges	Potato Bar Fixins Baked Potato Broccoli Cheese Soup	SALAD BAR Pigs in Blanket Wedges Baked Beans	18
19	20	21	Cake & Ice Cream	Pudding	Dump Cake	
	SALAD BAR Taco Salad	SALAD BAR Pulled Pork Sandwich Chips- Potatoe Salad	SALAD BAR Meatloaf Mashed Potatoes Gravy Zucchini & Tomatoes Roll	SALAD BAR Goulash Peas Biscuit	SALAD BAR Chicken Casserole Green Beans Biscuit	25
26	27	28	Sopapilla Bars	Goey Butter Cake	Sundae Bar	
	SALAD BAR Grilled Chicken Wrap Chips	SALAD BAR Hobo Dinners	SALAD BAR Ham Slice Candied Yams Peas	SALAD BAR Creole Casseole Corn	SALAD BAR Catfish Wedges Coleslaw	
	Chocolate Pie	Roll Cake	Roll Pineapple Upside cake	Biscuit Red Velvet Cake	Lemon Pudding	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice