

DELAWARE TRIBE ELDER NUTRITION
July, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 SALAD BAR Baked Potato Bar Broccoli Cheese Soup Cookie	3 SALAD BAR Chicken Tenders Mashed Potatoes/Gravy Peas Biscuit Cake	4 CLOSED FOR HOLIDAY 	5 SALAD BAR Chicken Fried Steak Sandwich All the Trimmings Chips Cake	6 SALAD BAR Indian Tacos Pumpkin Pie	7
8	9 SALAD BAR Deli Ham & Turkey on Hawaiian Roll Mixed Chips Pudding	10 SALAD BAR BBQ Pork Potatoe Wedges Baked Beans Biscuit Cake	11 SALAD BAR Beef Gravy over Potatoes Green Beans Roll Cookie	12 SALAD BAR Chicken Casserole Peas Biscuit Red Velvet Cakes	13 SALAD BAR Meat Loaf Mashed Potatoes Gravy Corn Roll Cookie	14
15	16 SALAD BAR Ham Slice Sweet Potatoes Peas Roll Pineapple Upside Cake	17 SALAD BAR Taco Salads Cookie	18 SALAD BAR BIRTHDAYS HAMBURGER ALL THE FIXINGS POTATOE WEDGES CAKE & ICE CREAM	19 SALAD BAR Egg Salad Sand Chips Peach Dump Cake	20 SALAD BAR Ham & Beans Cornbread Potato Wedges Cookie	21
22	23 SALAD BAR Spaghetti meat Sauce Green Beans Garlic Stix Pudding	24 SALAD BAR Chicken Enchiladas Rice Sopapilla	25 SALAD BAR Polish Sausage Sauerkraut Augratin Potatoes Broccoli Biscuit Cake	26 SALAD BAR Grilled Chicken Wraps Chips Sundae Bar	27 SALAD BAR Catfish Potato Wedges Hush Puppies Watergate Salad	28
29	30 SALAD BAR Philly Cheese Steak Krinkle Fries Cherry Crunch	31 Cottage Cheese Egg Casserole w/sausage Malt o Meal Biscuit Fruit				

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice