

DELAWARE TRIBE ELDER NUTRITION
March, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				SALAD BAR Pork Loin Fritters Roasted Red Potato Corn Roll Cake	SALAD BAR Indian Taco Brownie & Ice Cream	
4	5	6	7	8	9	10
	SALAD BAR Chicken Tenders Mashed Potato/Gravy Peas Roll Pudding	SALAD BAR Baked Ham Sweet Potato Green Beans Biscuit Apple Sauce	SALAD BAR Hot Hamburger Corn on Cob Cookie	SALAD BAR Potato Bar Broccoli Cheese Soup Cake	SALAD BAR Lemon Pepper Chicken Scalloped Potatoes Zucchini & Tomato Roll Jello	
11	12	13	14	15	16	17
	SALAD BAR Chicken Fried Steak Mashed/Gravy Cream Corn Roll Dump Cake	Cottage Cheese Waffle Bacon Scrambled Eggs Fruit	SALAD BAR Lasagna Green Beans Garlic Sticks Cookie	SALAD BAR Grilled Chicken Wraps Chips Cobbler	SALAD BAR Corned Beef Cabbage Red Potato Biscuit Key lime Cake	
18	19	20	21	22	23	24
	SALAD BAR Egg Rolls Fried Rice Antiqua Veggies Cookie Bar	SALAD BAR Pork Chops Augratin Potatoes Cali Blend Roll Peaches	SALAD BAR BIRTHDAYS HAMBURGER ALL THE FIXINGS POTATOE WEDGES CAKE & ICE CREAM	SALAD BAR Ham & Navy Beans Fried Potatoes Cornbread Cookie	Cottage Cheese Cat Fish Potato Wedges Coleslaw Hush Puppies Lemon Bars	
25	26	27	28	29	30	31
	SALAD BAR Creole Green Beans Garlic Roll Cookie Bar	SALAD BAR Hobo Hamburger Dinners Roll Cake	SALAD BAR Pigs in a Blanket Potato Wedges Hominy Coconut Pie	SALAD BAR BBQ Pork Sand Baked Beans Chips Pears	OPEN! CHEFS CHOICE	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice