

**DELAWARE TRIBE ELDER NUTRITION
AUGUST 2012**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			PORK CHOP SWEET POTATOES APPLESAUCE SALAD CAKE	SMOTHERED CHICKEN RICE BROCCOLI COBBLER	INDIAN TACO BROWNIES	
5	6	7	8	9	10	11
	BAKED HAM MASHED POTATOES CORN SALAD PUDDING	BAKED CHICKEN DRESSING GREEN BEANS JELLO /W FRUIT	MEATLOAF MASHED POTATOES BROCCOLI SALAD PUDDING	CHEF SALAD PINEAPPLE UPSIDE DOWN CAKE	CATFISH FRIED OKRA SALAD MANDRIN ORANGE JELLO	
12	13	14	15	16	17	18
	BBQ CHICKEN POTATO AUGRATIN PORK & BEANS ICE CREAM	HOT DOG FRITO CHILI PIE CAKE	PORK & CABBAGE BLACKEYED PEAS BEETS FRUIT	LIVER & ONIONS MASHED POTATOES SQUASH SALAD PUDDING	TUNA SANDWICH CHIPS SALAD CAKE	
19	20	21	22	23	24	25
	STUFFED BELL PEPPERS GREEN BEANS BEETS COBBLER	CHICKEN POT PIE BRUSSEL SPROUTS PUDDING	PORK ROAST MASHED POTATOES APPLESAUCE SALAD JELLO	OPEN FACE ROAST BEEF SANDWICH MASHED POTATOES PEAS & CARROTS CAKE	CHICKEN SALAD LETTUCE & TOMATO COLE SLAW FRUIT	
26	27	28	29	30	31	
	BEANS FRIED POTATOES SPINACH BROWNIES	HAMBURGER CHIPS SALAD CAKE	OVEN FRIED CHICKEN MASHED POTATOES BROCCOLI FRUIT	BBQ PORK BAKED BEANS POTATO SALAD COBBLER	MANDRIN ORANGE CHICKEN SALAD CRACKERS CAKE	

All meals include water, milk, coffee and tea

Meals subject to change without notice