

Delaware Tribe Elder Nutrition Menu

June, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					INDIAN TACOS BROWNIES	
3	4	5	6	7	8	9
	BEANS FRIED POTATO SPINACH CORNBREAD PUDDING	SMOTHERED CHICKEN RICE GREEN BEANS SALAD FRUIT	CABBAGE ROLL BLACKEYED PEAS BAKED POTATO SALAD COBBLER	PORK CHOP MASHED POTATO BROCCOLI APPLESAUCE CAKE	HAMBURGERS CHIPS SALAD ICE CREAM	
10	11	12	13	14	15	16
	LIVER & ONIONS MASHED POTATO HOMINY SALAD CAKE	SAUSAGE & EGG BURRITO FRIED POTATO APPLESAUCE JELLO	CHICKEN FRIED STEAK MASHED POTATO CARROTS SALAD FRUIT	BEEF LASAGNA PEAS SALAD PUDDING	CATFISH FRENCH FRIES SALAD FRUIT	
17	18	19	20	21	22	23
	HAM SWEET POTATO BROCCOLI & CORN CASSEROLE SALAD PUDDING	CHICKEN STRIPS MASHED POTATO CORN SALAD FRUIT	HAMBURGERS FRENCH FRIES SALAD CAKE	SAUERKRAUT & FRANKS AUGRATIN POTATO PEAS & CARROTS SALAD COBBLER	TUNA SALAD SANDWICH SOUP CHIPS JELLO	
24	25	26	27	28	29	30
	CHICKEN POT PIE BEETS BROCCOLI SALAD PUDDING	MEXICAN CASSEROLE RICE BEANS JELLO	CHEF SALAD CRACKERS CAKE	BAKED CHICKEN DRESSING SWEET POTATO GREEN BEANS SALAD COBBLER	SALMON PATTIE MAC & CHEESE PEAS SALAD JELLO	

All meals include water, milk, coffee and tea

Meals subject to change without notice