

Delaware Tribe Elder Nutrition

APRIL 2012"

Sun	Monday	TUESDAY	Wednesday	Thursday	Friday	Sat
1	2	3	4	5	6	7
	HAM SWEET POTATO PEAS SALAD STRAWBERRY SHORT CAKE	MEATLOAF MASHED POTATO SQUASH SALAD PUDDING	BBQ CHICKEN POTATO SALAD BAKED BEANS CAKE	HOT PORK SANDWICH MASHED POTATO CORN APPLESAUCE	INDIAN TACO EASTER EGG HUNT BROWNIES	
8	9	10	11	12	13	14
	OVEN FRIED CHICKEN MASHED POTATO CAULIFLOWER SALAD COBBLER	PORK RIBS CABBAGE BLACKEYED PEAS BEETS JELLO	BEEF LIVER MASHED POTATO GREEN BEANS SALAD CAKE	BROWN BEANS SPINACH CORNBREAD COBBLER	CATFISH MAC & CHEESE PEAS SALAD JELLO	
15	16	17	18	19	20	21
	LASAGNA PEAS & CARROTS SALAD GARLIC TOAST FRUIT	BAKED CHICKEN SWEET POTATO GREEN BEANS BEETS PUDDING	BREAKFAST	BEEF & GRAVEY OVER POTATOES HOMINY FRY BREAD COBBLER	TUNA SANDWICH COLE SLAW CHIPS CAKE	
22	23	24	25	26	27	28
	CHICKEN POT PIE SALAD FRUIT	PORK CHOP MASHED POTATO BROCCOLLI APPLESAUCE CAKE	BEEF STEW CORNBREAD PUDDING	MANDRIN CHICKEN SALAD BROWNIES	SALMON PATTY COLE SLAW PEAS & CARROTS JELLO	
29	30					
	HAM & CHEESE SANDWICH BAKED POTATO PUDDING					

All meals include water, milk, coffee and tea

Meals subject to change without notice