


DELAWARE TRIBE ELDER NUTRITION
February, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				SALAD BAR Chicken Alfredo Steamed Broccoli Garlic Roll Cobbler	SALAD BAR Indian Tacos Brownie Ice Cream	
4	5	6	7	8	9	10
	SALAD BAR Chicken Tenders Mashed Potatoes/Gravy Peas Cookie	SALAD BAR BBQ Pork Sand Chips Baked Beans Fruit	SALAD BAR Ham & Beans Fried Potatoes Cornbread Cake	SALAD BAR Goulash Green Beans Garlic Rolls Cobbler	SALAD BAR Polish Dogs Sauerkraut Cali Blend Roll Cake	
11	12	13	14	15	16	17
	SALAD BAR Beef Pot Roast Potatoes/Carrots Biscuit Peach Crisp	SALAD BAR Egg Casserole Bacon Biscuit Fruit	SALAD BAR Chicken Cordon Bleu Scalloped Potatoes Green Beans Roll SURPRISE	SALAD BAR Baked Potatoes Broccoli Cheese Soup Cookie	SALAD BAR Minnehaha Wild Rice Soup 1/2 Ham Sandwich Chips Cake	
18	19	20	21	22	23	24
	SALAD BAR Frito Chili Pies Chocolate Pie Bar	SALAD BAR Mexican Casserole Spanish Rice Sopapilla Bars	SALAD BAR BIRTHDAYS HAMBURGER ALL THE FIXINGS POTATOE WEDGES CAKE & ICE CREAM	SALAD BAR Spaghetti Meat Sauce Green Beans Garlic Roll Pudding	SALAD BAR Chicken Fried Chicken Mashed Potatoes/Gravy Corn Cherry Crisp	
25	26	27	28			
	SALAD BAR Philly Cheese Steak Chips Cookie Bar	SALAD BAR Meat Loaf Mashed Potatoe/Gravy Carrots Cookie	SALAD BAR Chicken Noodles Mashed Potatoes Green Beans Pudding			

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice