

DELAWARE TRIBE ELDER NUTRITION

January, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	CLOSED NEW YEARS DAY	SALAD BAR Chicken Tenders Mashed Potatoes/Gravy Peas Rolls Pudding	SALAD BAR Ham & Beans Fried Potatoes Cornbread Cookie Bar	SALAD BAR Baked Potatoes Broccoli Cheese Soup Cobbler	Indian Taco Bar Brownie Ice Cream	
7	8	9	10	11	12	13
	SALAD BAR Minne HA HA WILD RICE SOUP 1/2 Turkey Sand Cookie	SALAD BAR Sausage Biscuit & Gravy Breakfast Casserole Fruit	SALAD BAR Chicken & Noodles Mashed Potatoes Gravy Corn Biscuit Tapioca Pudding	SALAD BAR Gouliash Green Beans Garlic Rolls Cobbler	SALAD BAR Polish Dogs Sauerkraut Cali Blend Roll Cake	
14	15	16	17	18	19	20
	SALAD BAR Chicken Fried Steak Mashed Potatoes/Gravy Carrots Rolls Cobbler	SALAD BAR Chicken Ala King over Biscuit Corn Peach Crisp	SALAD BAR BIRTHDAYS HAMBURGER ALL THE FIXINGS POTATOE WEDGES CAKE & ICE CREAM	SALAD BAR Mexican Casserole Spanish Rice Sopapilla Bars	SALAD BAR Pork Stew Biscuit Cake	
21	22	23	24	25	26	27
	SALAD BAR Meatball Sub with Marinara Chips Chocolate Pie Bar	SALAD BAR Chicken Fried Chicken Mashed Potatoes Gravy Cookie	SALAD BAR Hot Hamburgers Corn on Cob Cake	SALAD BAR Loaded Potatoe Soup Biscuit Cherry Crisp	SALAD BAR Catfish Potato Wedges Coleslaw Hush Puppies Lemon Pudding	
28	29	30	31			
	SALAD BAR CHEFS CHOICE	SALAD BAR Fish Sand Potatoe Wedges Lemon Bars	SALAD BAR Pork Roast Potatoes/Carrots Gravy Biscuit Cookie			

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice