


DELAWARE TRIBE ELDER NUTRITION

November, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			SALAD BAR Chicken Fried Chicken Mashed Potatoes Gravy Green Beans Cookie Bar	SALAD BAR Baked Potato Bar Tomato Soup Cake	SALAD BAR Indian Tacos Grape Dumplings Ice Cream	
5	6	7	8	9	10	11
	SALAD BAR Baked Ham Augrautin Potatoes Green Beans Biscuit Cobbler	SALAD BAR Beans & Cornbread Fried Potatoes Cherry Crisp	SALAD BAR Hot Hamburger Fries Corn on Cob Chocolate Pudding	SALAD BAR Gradmas Creole Green Beans Garlic Stick WAR MOTHERS PROVIDING DESERT	CLOSED VETERANS DAY	
12	13	14	15	16	17	18
	SALAD BAR Mexican Casserole Spanish Rice Sopapillia	SALAD BAR Grilled Chicken Wraps Broccoli Cheese Soup Peaches	SALAD BAR BIRTHDAYS HAMBURGERS ALL THE FIXINGS Potato Wedges ICE CREAM & CAKE	SALAD BAR Breakfast Casserole Waffle Pears	SALAD BAR Lasagna Green Beans Garlic Roll Cookie	
19	20	21	22	23	24	25
	SALAD BAR Pork Cutlet on Bun All the Fixings Chips Pumpkin Pie	SALAD BAR Frito Chili Pie Bar Ice Cream Cup	SALAD BAR Turkey Breast Mashed Potatoes/Gravy Corn Cranberry Sauce Biscuit Pecan Pie	CLOSED THANKSGIVING	CLOSED THANKSGIVING	
26	27	28	29	30		
	SALAD BAR Vegetable Soup Cornbread Cookie	SALAD BAR Chicken Mac & Cheese Cali Blend Roll Apple Crisp	SALAD BAR Polish Sausage Saurkraut Fried Potatoes Roll Pudding	SALAD BAR Stir Fry Fried Rice Fortune Cookie		

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice