

DELAWARE TRIBE ELDER NUTRITION
September, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					SALAD BAR Indian Taco Bar Brownie	
3	4	5	6	7	8	9
	CENTER CLOSED LABOR DAY	SALAD BAR Lasagna Green Beans Garlic Rolls Cake	SALAD BAR Grilled Chicken Wraps Potatoe Salad Tapioca Pudding	SALAD BAR Waffles Bacon Scrambled Eggs Fruit	SALAD BAR Baked Potato Bar Broccoli Cheese Soup Cobbler	
10	11	12	13	14	15	16
	SALAD BAR Chicken Tenders Mashed Potatoes Gravy Peas Cookie Bar	SALAD BAR Baked Ham Sweet Potatoes Zucchini/Tomatoes Roll Apple Sauce	SALAD BAR Ham & Beans Spinach Cornbread Cobbler	SALAD BAR Liver & Onions Mashed Potatoes/Gravy Green Beans Roll Peaches	SALAD BAR Hot Hamburgers Corn on Cob Chocolate Pudding	
17	18	19	20	21	22	23
	SALAD BAR Meatball Sub with Marinara Chips Cherry Dump Cake	SALAD BAR Chicken Mac & Cheese Carrots Roll Cookie Bar	SALAD BAR BIRTHDAYS HAMBURGERS ALL THE FIXINGS Tater Tots ICE CREAM & CAKE	SALAD BAR Pork Chops Augrautin Potatoes Broccoli w Cheese Biscuit Apple Pie	SALAD BAR Fish Sandwiches Potatoe Wedges Lemon Pudding	
24	25	26	27	28	29	30
	SALAD BAR Philly Steak Sandwich French Fries Peach Crunch	SALAD BAR Grilled Chiken Breast Augrautin Potatoes Green Beans Apple Dump Cake	SALAD BAR Pork Cutlett Mashed Potatoes/Gravy Asparagus Roll ICE CREAM	SALAD BAR Taco Salad Sopapillas	Catfish Potato Wedges Coleslaw Hush Puppies Lemon Pudding	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice