


DELAWARE TRIBE ELDER NUTRITION

August, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		SALAD BAR Chicken Tenders Mashed Potatoes Gravy Peas Biscuit Cherry Crisp	SALAD BAR Mexican Casserole Sopapillas	SALAD BAR Polish Sausage Sauerkraut Au gratin Potatoes Broccoli Biscuit Cake	SALAD BAR Hobo Hamburger Dinners Roll Cookie Bars	
6	7	8	9	10	11	12
	SALAD BAR Deli Turkey Wrap Chips Cobbler	SALAD BAR Lasagna Peas/Carrots Garlic Rolls Chocolate Pudding	SALAD BAR Pork Chops Hominy Potatoe Wedges Roll Apple Dump Cake	SALAD BAR Ham Sweet Potatoes Green Beans Roll Fruit	SALAD BAR Indian Tacos Brownies	
13	14	15	16	17	18	19
	SALAD BAR Chicken Fried Steak Mashed Potatoes Gravy Green Beans Cookie Bar	SALAD BAR Grilled Chicken Wraps Chips Cheese Cake Fruit Salad	SALAD BAR BIRTHDAYS HAMBURGERS ALL THE FIXINGS FRENCH FRIES ICE CREAM & CAKE	SALAD BAR Sausage Gravy Biscuits Scrambled Eggs Fruit	SALAD BAR Ham Salad on Wheat Pasta Salad Chips Cookie	
20	21	22	23	24	25	26
	SALAD BAR Meatball Sub with Marinara Chips Red Velvet Cake	SALAD BAR Baked Chicken Cali Blend Veggies Mashed Potatoes/Gravy Roll Cookie	SALAD BAR Cold Cut Sub Potatoe Salad Chips Cobbler	SALAD BAR Meatloaf Mashed Potatoes/Gravy Green Beans Roll Ice Cream	SALAD BAR Catfish French Fries Coleslaw Hush Puppies Lemon Pudding	
27	28	29	30	31		
	SALAD BAR Philly Steak Sandwich French Fries Peach Crunch	SALAD BAR Taco Salad Sopapillas	SALAD BAR Pork Cutlett Mashed Potatoes/Gravy Asparagus Roll Pudding	SALAD BAR Stir Fry Fried Rice Fortune Cookie		

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice