

DELAWARE TRIBE ELDER NUTRITION
June, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SALAD BAR Salisbury Steak Mashed Potatoes/Gravy Green Beans Roll Cookie	2 SALAD BAR Sloppy Joes Tater Tots Baked Beans Ice Box Pie	3
4	5 SALAD BAR Meat Gravy Boiled Potatoes Peas Biscuit Cake	6 SALAD BAR Chicken Salad Wraps Chips Pudding	7 SALAD BAR Lasagna Green Beans Garlic Roll Jello	8 SALAD BAR Pork Chops Scalloped Potatoes Broccoli/cheese Roll Apple Sauce	9 SALAD BAR Hot Hamburger French Fries Cookie	10
11	12 SALAD BAR Chicken Tenders Mashed Potatoes Carrots Roll Pudding	13 SALAD BAR Ham & Beans Cornbread Fried Potatoes Cookie	14 SALAD BAR Birthdays Hamburgers All the fixings French Fries Cake & Ice Cream	15 SALAD BAR Baked Ham Sweet Potatoes Green Beans Roll Cobbler	16 SALAD BAR Hot Dog w Chill & Cheese Fritos Cookie	17
18	19 SALAD BAR Crusted Chicken Pot Pie Corn Cake	20 SALAD BAR Pancakes Bacon Scrambled eggs Peaches	21 SALAD BAR Polish Sausage Sauerkraut Mac & Cheese Cookie	22 SALAD BAR Enchiladas Spanish Rice Refried Beans Sopapillas	23 SALAD BAR Catfish French Fries Coleslaw Lemon Pudding	24
25	26 SALAD BAR Deli Turkey Sandwich CHIPS BROWNIES	27 SALAD BAR Chicken Fried Steak Mashed Potatoes/Gravy Peas Roll Chocolate Pudding	28 SALAD BAR Baked Chicken Mashed Potatoes Carrots Biscuit Cake	29 SALAD BAR Potato Bar Broccoli Cheese Soup Cookie	30 SALAD BAR Lemon Pepper Chicken & Rice Corn Biscuit Tapioca	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice