

DELAWARE TRIBE ELDER NUTRITION
May, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	SALAD BAR Chicken Tenders Mashed Potatoes/Gravy Peas/Carrots Biscuit Pears	SALAD BAR Beef Stew Cornbread Peaches	SALAD BAR Lasagna Green Beans Garlic Bread Cookie	SALAD BAR Baked Ham Sweet Potatoes Zuc/Tomatoes Roll Apple Pie	SALAD BAR INDIAN TACO Brownie	
7	8	9	10	11	12	13
	SALAD BAR Sandwich Wrap Broc/Cheese Soup Chips Cake	SALAD BAR Chicken Fried Steak Mashed Potatoes/Gravy Green Beans Roll Cobbler	SALAD BAR Pork Chops Scalloped Potatoes Broccoli/cheese Roll Apple Sauce	SALAD BAR Madrin Chicken Brown Rice Corn Biscuit Pudding	SALAD BAR Hot Hamburger French Fries Cookie	
14	15	16	17	18	19	20
	SALAD BAR Egg Rolls Fried Rice Antigua Veg Fortune Cookie	SALAD BAR Chicken Mac & Cheese Peas Roll Cookie	SALAD BAR Birthdays Hamburgers All the fixings Sweet Potato Fries Cake & Ice Cream	SALAD BAR Deli Sand on Wheat Chips Tomato Basil Soup Brownie	SALAD BAR Meat Loaf Mashed Potatoes/Gravy Carrots Tapioca	
21	22	23	24	25	26	27
	SALAD BAR Pot Roast Potatoes/Carrots Peas Roll Cake	SALAD BAR Ham & Beans Cornbread Cobbler	SALAD BAR Goulash Cali Blend Bread Stick Cookie	SALAD BAR Liver & Onions Mashed Potatoes/Gravy Peas Roll Peaches	SALAD BAR Fish Sandwich French Fries Coleslaw Cake	DELAWARE POWWOW
28	29	30	31			
DELAWARE POWWOW	CLOSED MEMORIAL DAY	SALAD BAR Potato Bar Chili Lemon Pudding	SALAD BAR Waffles Bacon Scrampled Eggs Biscuit			

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice