

DELAWARE TRIBE ELDER NUTRITION
March, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			SALAD BAR Chicken Tenders Mashed Potatoes Corn Pudding	SALAD BAR Waffles Bacon Eggs Applesauce	SALAD BAR INDIAN TACO BROWNIE	
5	6	7	8	9	10	11
	SALAD BAR Deli Turkey Sand Tomato Soup Cake	SALAD BAR Pork Chops Mashed Potatoes Green Beans Applesauce	SALAD BAR Goulash Peas Breadsticks Pudding	SALAD BAR Bean & Cheese Burritos Rice Cookie	SALAD BAR Catfish French Fries Slaw Jello	
12	13	14	15	16	17	18
	SALAD BAR Polish Sausage Saurkraut Fried Potatoes Pudding	SALAD BAR Pork Roast Scalloped Potatoes Cali Blend Veggies Cookie	SALAD BAR BIRTHDAYS HAMBURGERS ALL THE FIXINGS FRENCH FRIES ICE CREAM & CAKE	SALAD BAR Chicken Fajita Refried Beans Spanish Rice Sopapillias	SALAD BAR Corned Beef Fried Cabbage Small Red Potatoes Key Lime Cake	
19	20	21	22	23	24	25
	SALAD BAR Ham & Beans Fried Potatoes Spinach Cake	SALAD BAR Chicken Stir Fry Over Rice Fortune Cookie	SALAD BAR Baked Potato Bar Broccoli Cheese soup Cobbler	SALAD BAR Wings Fries Cobbler	SALAD BAR Chili Dogs Fritos Cheese Cake	
26	27	28	29	30	31	
	SALAD BAR BBQ Pork Sandwich Baked Beans Chips Brownie	SALAD BAR Chicken Mac & Cheese Cali Blend Veggies Tapioca	SALAD BAR Hot Hamburgers Corn on Cob Jello	SALAD BAR Baked Chicken Antiqua Veggies Scalloped Potatoes Cobbler	SALAD BAR Meat Loaf Mashed Potatoes Green Beans Cookie	

All meals include water, milk, coffee and tea

Elder Nutrition - 918-337-6589

Meals subject to change without notice