

**DELAWARE TRIBE ELDER NUTRITION**  
**February, 2017**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			SALAD BAR  Goulash Green Beans Bread Sticks  Cookie	SALAD BAR GROUND HOG DAY Sausage Biscuits & Gravy Eggs  Apple Sauce	SALAD BAR  INDIAN TACO   BROWNIE	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	SALAD BAR  Lasagna Peas Bread Sticks  Cake	SALAD BAR  Chicken Tenders Mashed Potatoes Carrots  Pudding	SALAD BAR  Potato Bar Broc-Cheese Soup  Cookies	SALAD BAR  Ham & Beans Fried Potatoes Spinach  Cobbler	SALAD BAR  Chicken Fried Steak Mashed Potatoes Zuc & Tomatoes  Fast & Fancy	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	SALAD BAR  Polish Sausage & Sauerkraut AuGratin Potatoes  Fruit	SALAD BAR Chicken Cordon Bleu Roasted Potatoes Antiqua Veggies  Red Velvet Cakes	SALAD BAR BIRTHDAYS HAMBURGERS ALL THE FIXINGS FRENCH FRIES  ICE CREAM & CAKE	SALAD BAR  Ham Sweet Potatoes Corn  Pudding	SALAD BAR  Tuna Caserole Zuc & Tomatoes  Cookie	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	PRESIDENTS DAY  CENTER CLOSED	SALAD BAR  Country Roll-Up Mashed Potatoes Green Beans  Cake	SALAD BAR  Chicken & Noodles Mashed Potatoes Corn  Cookie	SALAD BAR  Egg Roll Fried Rice Mixed Veg  Fortune Cookie	SALAD BAR  Pork Chops AuGratin Potatoes Peas  Jello	
<b>26</b>	<b>27</b>	<b>28</b>				
	SALAD BAR  Liver & Onions Mashed Potatoes Carrots  Fast & Fancy	SALAD BAR  Chicken Caserole Peas & Carrots Potatoe Chipss  Cookie				

All meals include water, milk, coffee and tea

**Elder Nutrition - 918-337-6589**

Meals subject to change without notice