

DELAWARE TRIBE ELDER NUTRITION

April, 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			SALAD BAR CHICKEN TENDERS MASHED POTATOES CORN COOKIES	SALAD BAR HAM AU GRATIN POTATOES GREEN BEANS JELLO	SALAD BAR INDIAN TACO BROWNIE	
5	6	7	8	9	10	11
	SALAD BAR LIVER & ONIONS MASHED POTATO PEAS COBBLER	SALAD BAR HAM & BEANS CORNBREAD FRIED POTATOES COOKIE	SALAD BAR BEEF TIPS/GRAVY RICE HOMINY CAKE	SALAD BAR BBQ WINGS MAC & CHEESE GREEN BEANS PUDDING	SALAD BAR CATFISH COLE SLAW FRENCH FRIES JELLO MIX	
12	13	14	15	16	17	18
	SALAD BAR CHICKEN & NOODLE MASHED POTATOES CORN PIE	SALAD BAR BBQ SANDWICH CHIPS PUDDING COOKIES	SALAD BAR PORK CHOPS CARROTS APPLESAUCE TAPIOCA	SALAD BAR CHICKEN FAJITAS SPANISH RICE REFRIED BEANS JELLO	SALAD BAR SALISBURY STEAK MASHED POTATO GREEN BEANS CAKE	
19	20	21	22	23	24	25
	SALAD BAR SPAGHETTI PEAS GARLIC TOAST COOKIE	SALAD BAR TUNA SALAD SANDWICH CHIPS JELLO	BIRTHDAYS! HAMBURGERS FRENCH FRIES LET, TOM, CHZ & ONION BIRTHDAY CAKE	SALAD BAR CHICKEN STIR FRY RICE MIXED VEGS PUDDING/COOKIES	SALAD BAR BBQ RIBS BAKED BEANS POTATO SALAD COOKIE	
26	27	28	29	30		
	SALAD BAR STEW CORNBREAD COBBLER	SALAD BAR BAKED POTATO BAR BROCCOLI/CHEESE SOUP BROWNIE	SALAD BAR PANCAKES SAUSAGE HASH BROWNS FRUIT	SALAD BAR SMOTHERED CHICKEN /RICE CORN CAKE		

All meals include water, milk, coffee and tea

Meals subject to change without notice