

DELAWARE TRIBE ELDER NUTRITION

September, 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	LABOR DAY CENTR CLOSED	SALAD BAR CHICKEN TENDERS POTATO SALAD BAKED BEANS PUDDING	SALAD BAR SLOPPY JOES FRENCH FRIES CAKE	SALAD BAR PORK CHOP POTATO BROCCOLI APPLE SAUCE	SALAD BAR INDIAN TACO BROWNIE	
7	8	9	10	11	12	13
	SALAD BAR BAKED HAM SWEET POTATOS GREEN BEANS CAKE	SALAD BAR CHICKEN SALAD SANDWICH CHIPS PUDDING	SALAD BAR SPAGHETTI GARLIC BREAD PEAS JELLO	SALAD BAR BAKED POTATO BAR CHILI CORN COOKIE	SALAD BAR MEAT LOAF MASHED POTATO PEAS & CARROTS CAKE	
14	15	16	17	18	19	20
	SALAD BAR OVEN FRIED CHICKEN MASHED POTATO CORN DESSERT	SALAD BAR BEEFARONI STEWED TOMATOS GREEN BEANS PUDDING	SALAD BAR CHICKEN STIR FRY RICE CAULIFLOWER COOKIES	SALAD BAR BOWL OF BEANS POTATO WEDGES CORNBREAD CAKE	SALAD BAR CHICKEN FRIED STK MASHED POTATO MIXED VEGGIES JELLO	
21	22	23	24	25	26	27
	SALAD BAR CHICKEN POT PIE CORN DESSERT	SALAD BAR TURKEY SANDWICH CHIPS JELLO	SALAD BAR HAMBURGER FRENCH FRIES CHEESE, LETTUCE TOMATO & ONION BIRTHDAY CAKE & ICE CREAM	SALAD BAR BBQ WINGS MAC & STEWED TOMATOS COOKIES	SALAD BAR BAKED TALAPIA RICE BROCCOLI CAKE	
28	29	30				
	SALAD BAR SALISBURY STEAK MASHED POTATO GREEN BEANS CAKE	SALAD BAR BISCUITS/GRAVY SAUSAGE/HAM HASH BROWNS FRUIT				

All meals include water, milk, coffee and tea

Meals subject to change without notice